Paulina Derbez, M. Mus

HeartMath Certified Mentor

1 Ripley Avenue, suite 307

M6S 4Z6, Toronto

6476321821

PROFESSIONAL EXPERIENCE

PERFORMING/COMPOSING EXPERIENCE

- **2022** Concerts with organist Dr. Becker in Toronto
- **2022** Concert with Duo Luna and conference as part of the 60th Anniversary Festival at Centro Cultural El Nigromante INBA
- **2021** Premiere of "The Mystic Voice of a Violin", program with baroque pieces and original music, at St Olav's Church in Toronto
- **2021** Creation of the musical monologue "Batte Cuore" under the guidance of Liza Balkan
- **2021** Film Premiere of "Batte Cuore"
- 2019 "Mirrors" premiere, a squash court production, at the Citadel Theatre of Toronto
- 2018 Artistic residence at the University of Costa Rica with Duo Luna
- 2018 Concerts with Duo Luna in Romainmotier, Switzerland, and in Haus der Musik in Viena
- **2018** Assistant principal of the Orchestra Music in the Alps in Bad Gastein, Austria.
- **2006-2018** Regular violinist with the Ontario Philharmonic (formerly Oshawa Durham Symphony Orchestra), http://ontariophil.ca
- 2017 Organizer of the Festival México Contemporáneo at York University, Toronto
- **2017** Concerts with Duo Luna at Teatro Juan de la Cabada, Campeche, and Mexican Cultural Institute, Washington
- **2016** Performance at Koerner Hall with Lucy Rupert at Cultural Days.

2016 Creation of Squash Court Collective with the dancer and choreographer Lucy Rupert. Ontario Arts Council Recipient for their show Mirrors, www.blueceilingdance.com/squash-court-collective

2016 TEDx talk at Paseo Santa Lucía, Mexico, with the theme The Conscious Musician.

2016 Tour with the Duo Luna Derbez-Salazar in Toronto, New York, and Ottawa at the National Arts Centre with the program Paisajes Sonoros

2016 Appointed Artistic Director of México Contemporáneo Foundation

2015 Launch of the printed version of El Músico Consciente at MUNAL, National Museaum, in Mexico City.

2015 Tour in Italy with Barbara Croall and Jaime Luján with the program Altri Suoni: where classical meets avant-garde.

2014 Presentation of the CD Altri Suoni at Festival Internacional Cervantino in Guanajuato, Mexico.

2014 Performance at the Comuarte Music Festival with Barbara Croall and Jaime Luján at Palacio de Bellas Artes in Mexico city

2013 Launch of the book El Músico Consciente at the Guadalajara International Book Fair

2012 Premiere of the multidisciplinary show *Shika*: out of the silence the sound is born at George Ignatieff Theatre, Toronto

2010 Performing with PULS at the Glenn Gould Hall CBC Toronto, Canada

2008-2009 Performances as member of the music ensemble PULS in various locations around GTA.

2009 Performance of own composition "Shika", Palacio de Bellas Artes, Mexico City.

2008 Winner of Comuarte Festival (Mexico) for composition "Shika."

2008 Performance of "Shika" at Glenn Gould Hall, Toronto, broadcast on CBC, as part of the concert "Sounding Across the Americas"

2007 Solo performance at the Alucine Festival, Toronto.

1999-2006 Violinist with the baroque ensemble Capilla Virreinal de la Nueva España, Mexico City

1998-2006 Freelance violinist for various music groups in Mexico City

2004-2005 Member of the violin/harpsichord duo Derbez-Padilla, Mexico City

2005 Violinist/composer for the dance spectacle CUERPO IMPULSO at the Harbourfront Festival, Toronto (August 28-31) and Sala Miguel Covarrubias, Mexico City

2002-2004 Member of the Quarteto Academia Yuriko Kuronuma

2002 Accompanying violinist series of Eurhythmy performances in Premeno, Italy, and Lugano Switzerland with Cesar Franck's sonata

2000/2001 Tours of Italy, France, Switzerland and Mexico with the Ensamble Camerístico de México (Mexican Chamber Music Ensemble)

2000 Tour of Germany as violinist with La Orquesta de Bellas Artes

1999 Violinist with La Orquesta de Cámara de Bellas Artes, Mexico City

1998 Violinist/actor in the interdisciplinary theatre spectacle Fenix at the Zurich Theatre Festival, the Studio Foce in Lugano, Swtizerland, and El Teatro Helénico, Mexico City

1997-1998 Violinist with folk group Mireille Ben Ensamble, Switzerland

1996-1997 Violinist with the Camerata Giovanile della Svizzera Italiana in Lugano, Loussane and Luzern

1995 Performances with pianist Roberto Dickman in Ticino, Switzerland.

1994 Violinist with La Orchestra del Conservatorio della Svizzera Italiana, performing in Switzerland and France.

1991 Concertmaster, La Orquesta Sinfónica Vida y Movimiento, Mexico.

1990 Assistant Concertmaster, La Orquesta de las Juventudes Musicales, Bogota, Colombia

1989 Participant, San Miguel de Allende Chamber Music Festival, México

1988 Finalist, National Violin Competition, Mexico

1987 Solo performance with the Fujisawa Symphony Orchestra, Tokyo, Japan. Tour of Japan with 12 selected students of the Yuriko Kuronuma Violin Academy

1986 Solo performance with the Guanajuato Symphony Orchestra, Mexico

1985 Solo performances touring in Japan with the 12 selected students of Yuriko Kuronuma Violin Academy.

AWARDS

2018 Mexican Distinguished Award by the Mexican Government IME

2014 Award "One of the Top Ten Mexicans in Canada" by Latinos Magazine and the Globe and Mail

2013 Award "One of the 50 celebrities that transform Mexico" by magazine Quién, CNN Expansión along Plácido Domingo and Alfonso Cuarón

GRANTS

2018 Movilidad Artistica for Europe Tour FONCA (Fondo Nacional para la cultura y las Artes)

2018 Production for Mirrors Ontario Arts Council

2016 Creation for Mirrors Ontario Arts Council

1997 Studies Abroad FONCA

1993-94 Studies Abroad FONCA

DISCS AND BOOKS

2015 El Músico Consciente, Publishing House EMDEMUS

2014 The Conscious Musician, English translation by Martin Boyd, Publishing House Ink

2013 *Altri Suoni* original compositions by Paulina Derbez and Barbara Croall

2013 El Músico Consciente, Publishing House Ink

2013 Depictions of a Concert, Publishing House Ink

TEACHING EXPERIENCE

- **2022** Founder of The Conscious Musician Program® for undergraduate students
- 2022 Conference and workshop at the FONEM Foro de Educación Musical Nicaragua
- **2019** The Conscious Musician Seminar in Toronto with students from Mexico supported by the Government of Campeche
- 2018 The Conscious Musician Seminar at Music in the Alps Festival in Austria
- **2018** Conference and workshop at the University of Cosa Rica
- **2017** Faculty at Music in the Alps Festival in Austria and presentation of the book The Conscious Musician
- **2017** Jury at the Kiwanis Festival
- 2017 Masterclasses at Instituto de Cultura de Campeche, Mexico
- 2016 Masterclasses at Escuela Superior de Música in Mexico city
- **2015-2016** Workshop for kids with autism at Young Artscape Toronto
- **2006-2022** Private violin lessons, Toronto, Canada, based on THE CONSCIOUS MUSICIAN methodology.
- **2002-2006** Violin teacher, Academia Yuriko Kuronuma, Mexico City, including the delivery of workshops based on the Integral Development pedagogical method, preparation of students for concerts, etc.
- **2003-2004** Music teacher, Waldorf School of Cuernavaca, Mexico, including the delivery of workshops for both children and adults in the Integral Development pedagogical method
- **2002** Workshops/Performance for students based on Integral Development Method, Liceo Mexicano Japones School, Mexico City.
- **1999-2006** Private violin and piano lessons, Mexico City, based on Integral Development pedagogical method
- 1999 Integral Development children's workshop, International Music Festival, Morelia, Mexico
- 1997-1998 Integral Development children's workshops, Rudolf Steiner School, Lugano, Switzerland

MUSICAL EDUCATION

2021 HeartMath Certified Mentor HeartMath Institute, Boulder Creek, California

2019 Masters in music Pedagogy ESMUC Escola Superior di Musica di Catalunya, Barcelona

2007-2019 Voice training with vocal instructor Fides Krucker, Toronto, Canada.

1996-1998 Higher Studies in Violin, Accademia d'Archi Vivaldi (teacher: Susane Holm), Lugano, Switzerland

1993-1995 Higher Studies in Violin, Conservatorio della Svizzera Italiana, Switzerland

1992 Summer course in violin under Zakar Bron, Santander, Spain

1991 Meadowmont Summer School of Music under Margaret Pardee

1988-1989 Violin Studies, Ollin Yoliztli School of Music, Mexico City

1980-1987 Violin Studies, Yuriko Kuronuma Violin Academy, Mexico City

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Founder of The Conscious Muisician Program®

www.paulinaderbez.com